

OUR MISSION:

UPRISE staff is committed to connecting students and young people to high-quality mental health and substance use services.

UPRISE is a part of The Addiction Institute of Mount Sinai (AIMS). AIMS, along with Mount Sinai's Comprehensive Adolescent Rehabilitation and Education Service (CARES). These institutes work collaboratively with UPRISE to provide the necessary resources and a talented group of clinical staff for delivering confidential services on-site at Judith S. Kaye High School and Coop Tech. We provide a full range of targeted mental health and substance use services—both in-person and virtually (Zoom).

UPRISE

411 W. 114th St., 2nd Fl, New York, NY 10025
212-523-3146

UPRISE

Use | Prevention | Recovery | Intervention |
Services & Education

UPRISE (Use Prevention & Recovery Intervention Services & Education) is an integrated, multidimensional program that offers a full range of targeted mental health and substance use services to students at Judith S. Kaye High School and Coop Tech.





1 in 5

1 in 5 young people experience mental health difficulties, yet many remain underdiagnosed and untreated.

History of UPRISE

Born out of a recognition that New York City adolescents and young adults have the lowest access to psychiatric and substance use treatment, Use Prevention Recovery Intervention Services & Education (UPRISE) offers a novel solution. By providing services within academic institutions, UPRISE offers accessible support for those individuals and families who have traditionally been underserved and unsupported by the healthcare system.

Our Staff

UPRISE staff is comprised of a devoted group of clinicians, including: psychologists, social workers, psychiatrists, and doctoral-level trainees. Staff members work closely with JSK and CoOP Tech staff.

Services

Drop-in services
Psychoeducation
Individual therapy
Supportive counseling
Substance use treatment
Group therapy
Family therapy
Medication management
Milieu therapy
Services for significant others

Focus of Services

Services are designed to restore, rehabilitate, and support an adolescent's/adult's developmentally appropriate functioning to promote optimal functioning in one's family, community, school, and place of employment.

UPRISE services can assist with: substance use, stress and tension, interpersonal difficulties, depression or moodiness, irrational fears or anxiety, feelings of loneliness, academic problems, trauma, interpersonal skills and relationships, low motivation, adjustment to COVID-19, and daily living skills.



Our services are:

- Confidential
- Offered in-person or remotely via telehealth
- Designed and tailored to your personal needs

Referral to Services

If you're interested in receiving UPRISE services, contact your guidance counselor.

Contact Us

UPRISE
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