

## Social Work Led Support Groups Via Zoom

### General Patient Support Group

Every other Wednesday starting  
July 1st from 11-12 pm  
Call in number: 646-876-9923; PIN 224-256-2016

### Lung Cancer Support Group

Every other Wednesday from 1-2 pm (July 8th and 22nd)  
RSVP: Email [Stephanie.Lehrman@mountsinai.org](mailto:Stephanie.Lehrman@mountsinai.org)

### Post Allogeneic BMT Support Group

First Tuesday of the month at 2pm  
RSVP: [megan.josephson@mountsinai.org](mailto:megan.josephson@mountsinai.org)

### Dubin Young Women Connect

Thursday July 23rd 5:30-6:30 pm  
RSVP: E-mail [arleigh-anne.holzgen@mountsinai.org](mailto:arleigh-anne.holzgen@mountsinai.org)

### Women, Wisdom and Wellness Support Group

Gynecological Cancer Support Group  
Every Thursday from 11-12 pm  
RSVP: Email [Carly.abramson@mountsinai.org](mailto:Carly.abramson@mountsinai.org)

### Woman to Woman

Find out more about workshops and groups available through this gynecologic cancer support program:  
Jilian Levinson: 917-751-9678, [womantowoman@mountsinai.org](mailto:womantowoman@mountsinai.org)

### Dubin Schmoozin'

Wednesday July 8th & 22nd 12-1:30pm  
RSVP: Email [Shelagh.murphy@mountsinai.org](mailto:Shelagh.murphy@mountsinai.org)

## Gilda's Club Zoom Programs

RSVP: [info@gildasclubnyc.org](mailto:info@gildasclubnyc.org)  
212-647-9700

### Post-Cancer Treatment: Lifestyle and Diet Tips

Facilitator: Austin Park, MS, RDN, CDN, God's Love We Deliver  
Wednesday, July 29, 2020; 1:30-3:00pm  
RSVP: [jtorres@gildasclubnyc.org](mailto:jtorres@gildasclubnyc.org)

### Healing Sound Meditation and Sonic Attunement

Facilitator: Eileen Moran  
Wednesday, July 15, 2020; 1:30-2:30pm  
RSVP: [jshapiro@gildasclubnyc.org](mailto:jshapiro@gildasclubnyc.org)

### Spanish Support Group

Amigos Unidos:  
Un programa de apoyo para la comunidad Latina viviendo con cancer  
Miércoles 10-11:30am



## Concerts in Motion

Zoom into an individual or group concert from professional musicians  
For more information contact:  
[Anna.Gribetz@mountsinai.org](mailto:Anna.Gribetz@mountsinai.org), 212-824-8762



# Mount Sinai Hospital Cancer Support Services July 2020

For more information on  
Programs or to RSVP, contact:  
**Anna Gribetz, LCSW**  
**646-574-1008**  
[Anna.Gribetz@mountsinai.org](mailto:Anna.Gribetz@mountsinai.org)

### Art Bags!

Grab art supplies to bring home or to use at the hospital, contact:  
212-824-8762  
[Anna.Gribetz@mountsinai.org](mailto:Anna.Gribetz@mountsinai.org)

### Individualized Art Session

Sign up for an individual art session with Sascha Mallon from The Creative Center  
RSVP: 845-288-0166  
[saschacreativecenternyc@gmail.com](mailto:saschacreativecenternyc@gmail.com)

### Art Workshops

Join the artists at the Creative Center for various art Workshops  
For more information Contact:  
[info@thecreativecenter.com](mailto:info@thecreativecenter.com)